

SEPTEMBER 2026

Ethel Reed Elementary

Milk comes with each meal.
Water is available at each site.

Breakfast & Lunch Menu

Monday

Tuesday

Wednesday

Thursday

Friday

Breakfast:
Waffles or
Cereal & Toast, Fruit

1

Lunch:
Pizza, Salad, Fruit, Brownie

Breakfast:
Biscuit Sandwich or
Cereal & Toast, Fruit

8

Lunch:
Burrito, Rice
Veg & Fruit

Breakfast:
Tornado & Toast or
Cereal & Toast, Fruit

15

Lunch:
Chicken Nuggets & FF
Veg & Fruit

Breakfast:
Waffles or
Cereal & Toast, Fruit

22

Lunch:
Taco, Rice
Veg & Fruit, Cookie

Breakfast:
Biscuit Sandwich or
Cereal & Toast, Fruit

29

Lunch:
Spaghetti & Garlic Bread
Veg & Fruit

Breakfast:
Biscuit Sandwich or
Cereal & Toast, Fruit

2

Lunch:
Steak Finger Dinner

Breakfast:
French toast Sticks or
Cereal & Toast, Fruit

9

Lunch:
Chicken Strip Dinner

Breakfast:
Donut & Cheese Stick or
Cereal & Toast, Fruit

16

Lunch:
Salisbury Steak Dinner

Breakfast:
Mini Corn Dogs or
Cereal & Toast, Fruit

23

Lunch:
Chicken & Noodles, Bread Stick
Veg & Fruit

Breakfast:
French toast Sticks or
Cereal & Toast, Fruit

30

Lunch:
Steak Finger Dinner

Breakfast:
Oatmeal or
Cereal & Toast, Fruit

3

Lunch:
Hot Dog & FF
Veg & Fruit

Breakfast:
Combo Bar & Toast or
Cereal & Toast, Fruit

10

Lunch:
Grilled Cheese & Soup
Veg & Fruit

Breakfast:
Scrambled Egg & Toast or
Cereal & Toast, Fruit

17

Lunch:
Cheese Quesadilla
Veg & Fruit, Cake

Breakfast:
Oatmeal or
Cereal & Toast, Fruit

24

Lunch:
Hot Dog & FF
Veg & Fruit

Breakfast:
Pancake on a Stick or
Cereal & Toast, Fruit

4

Lunch:
Chili Frito Pie
Veg & Fruit

Breakfast:
Omelet & Toast or
Cereal & Toast, Fruit

11

Lunch:
Chicken Leg & Biscuit
Veg & Fruit, Pudding

Breakfast:
Muffin & Yogurt or
Cereal & Toast, Fruit

18

Lunch:
Hamburger & Chips
Veg & Fruit

Breakfast:
Pancake on a Stick or
Cereal & Toast, Fruit

25

Lunch:
Steak Sandwich & Chips
Veg & Fruit



Meals Are **FREE** To All Holdenville School Students
This institution is an equal opportunity provider